



Term	Lesson	Activities	Theory Or Practical	Homework
Autumn One	1	Commercial And Non-Commercial	Theory	Food Service And Fast Food
	2	Stir Fry	Practical	
	3	Front Of House and Back Of House	Theory	
	4	Breakfast Muffins	Practical	
	5	Macronutrients and Micronutrients	Theory	
Autumn Two	6	Quick and Easy Pizza	Practical	Article And Newspapers
	7	The Boy Who Harnessed The Wind - Mission	Theory	
	8	Sweet And Sour Dish	Practical	
	9	Different Dairy Products	Theory	
	10	Cottage Pie	Practical	

Term	Lesson	Activities	Theory Or Practical	Homework
Spring One	11	Diet Nutrition And Health Food Choice And Religion	Theory	Healthy Eating and Job Adverts
	12	Spinach and Ricotta Ravioli	Practical	
	13	Different Life Stages	Theory	
	14	Quesadilla	Practical	
	15	Traditional Cuisines	Theory	



Term	Lesson	Activities	Theory Or Practical	Homework
Spring Two	16	Oat Biscuits	Practical	Food Labelling and Food Waste
	17	Kitchen Bridges	Theory	
	18	Meat Ball Stew	Practical	
	19	Menu Planning	Theory	
	20	Chocolate Brownies	Practical	

Term	Lesson	Activities	Theory Or Practical	Homework
Summer One	21	Food Poisoning	Theory	Food Products and Food Packaging
	22	Fish Cakes	Practical	
	23	Environmental Health Officer	Theory	
	24	Mac And Cheese Bake	Practical	
	25	Food Packaging and Labelling	Theory	

Term	Lesson	Activities	Theory Or Practical	Homework
Summer Two	26	Mini Quiche	Practical	Scotch Eggs and Planning Picnic
	27	Health and Safety	Theory	
	28	Rosemary and Garlic Focaccia	Practical	
	29	Policies in the Hospitality and Catering Industry	Theory	